

Link to the product: <https://sforne.com/wug-gum-off-valerian-tryptophan-lemon-balm-and-melatonin-10-units-p-7041.html>



## WUG GUM - OFF VALERIAN, TRYPTOPHAN, LEMON BALM AND MELATONIN 10 UNITS

Price	<b>6.89 £</b>
Number	<b>70139908</b>
Producer code	<b>FETISHID-224946</b>
EAN	<b>8437018383528</b>

### Product description

OFF GUM chewing gum is a food supplement with sweeteners that is ideal for helping you fall asleep. It is made up of Valerian Extract, Melissa, L-Tryptophan and Melatonin and has a pleasant, soft mint flavour. WUG Relax does not require water or digestion, can be carried anywhere and only weighs about 2 grams. You can find it in packs of 10 units.

### Benefits

Helps improve stress by relaxing the nervous system and muscles and induces sleep.

Gluten-free Lactose-free and sugar-free

### Ingredients

Valerian · Tryptophan · Melissa · Melatonin

### Warnings

- Contains Caffeine. Not recommended for children or pregnant women
- Do not exceed the expressly recommended daily dose. Contains polyols, excessive consumption may produce laxative effects.\*
- Food supplements should not replace a balanced diet.
- Keep out of reach of small children.
- Contains naturally occurring sugars.

### ACTIVE INGREDIENTS

- Valerian

Valerian is a natural plant that helps you fall asleep by relaxing the nervous system and muscles. It helps reduce anxiety and psychological stress.

- Melatonin

Melatonin is a neurohormone that helps control the daily sleep cycle.

- Melissa

Melissa is a natural plant with sedative and tranquilizing effects.

- Tryptophan

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Tryptophan is an essential amino acid precursor of Serotonin, a hormone with a tranquilizing and anxiolytic effect.

#### **HOW TO USE**

- Take 10 minutes before bedtime, sleeping, or in stressful situations. Chew for at least 5 minutes so that the active ingredients are assimilated.
- Recommended daily dose: 1 piece of gum.
- If the individual weighs more than 80 kg, it is recommended to take 2 pieces.
- The effects may vary depending on each individual, depending on their weight, age, or state of health.

#### **WHY WUG CHICLE OFF GUM**

- Improves stress levels
- Relaxes the nervous system and muscles
- Helps you fall asleep
- Faster assimilation
- Minimal caloric intake