

Link to the product: <https://sforne.com/rithual-orchid-pelvic-training-deva-set-p-5058.html>



## RITHUAL - ORCHID PELVIC TRAINING DEVA SET

Price	<b>46.34 £</b>
Number	<b>70137900</b>
Producer code	<b>FETISHID-225380</b>
EAN	<b>8435565912222</b>

### Product description

Deva is a training kit with 4 balls of different weights and 10 steps, to tone the pelvic floor muscles, better orgasms, better lubrication, greater sensitivity and control over the vaginal muscles.

With this Deva ball, ritual has created a personal exercise program that is much more pleasant than going to the gym.

The pelvic floor is a network of muscles and ligaments that keeps the bladder, uterus and rectum in the correct position. This muscle is also responsible for keeping the sphincters open or closed and its weakness or flaccidity gives rise to involuntary leaks of urine, which can evolve into the dreaded urinary incontinence and prolapse (detachment) in the bladder, vagina, uterus and rectum. The pelvic floor weakens for different reasons, although the most common are: age, multiple births, obesity, constipation, some sports, chronic respiratory diseases, poor nutrition, a sedentary lifestyle and lack of sexual relations.

The pelvic floor is also related to sexuality, since good muscle tone in the pelvic floor will produce greater sensitivity in the vagina and therefore greater pleasure in sexual relations. Aside from their physical effects, Chinese Deva balls also have an important psychological power, increasing sexual desire, encouraging self-exploration and discovering new sensations to fully enjoy your body.

Kegel exercises are the well-known pelvic floor training exercises to strengthen the muscles and organs located throughout that internal area. It is done by contracting the muscles of the vagina for 5 seconds and then relaxing them for 5 more seconds, repeating this operation 4 or 5 times in a row.

Rithual Deva includes 4 balls of different weights: 60g, 25g, 40g, and 60g to combine them and create the exercise program.

These balls can be combined in a 10-step program to advance in Kegel training and reach a higher level.

- Made of high quality medical silicone.
- It is non-porous and hypoallergenic.

### MATERIAL AND CARE

It is recommended to use waterfeel water-based lubricant for better insertion and care of the product, since other lubricants could damage the toy. Carefully clean the toy before first use and after each use.

Deva is made of silky soft medical silicone, which is extremely slippery and absorbs your body heat quickly. The toy can be easily cleaned with a little soap and warm water. With a little disinfectant toy cleaner, you can ensure a particularly thorough hygiene afterwards, ideally with the perfectly coordinated disinfection spray from Waterfeel. For maximum pleasure, always use your toy with one of Waterfeel's water-based lubricants that are perfectly matched to the product. The water-based vegan composition protects the material and keeps the surface of your toy nice and smooth.

### BRAND RITUAL

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Rithual is a philosophy of health, pleasure and well-being. Carefully prepared to enhance personal happiness and human well-being. The brand is a sales leader with Rithual Shushu, hence the launch of new toys that complement all objects of pleasure for a healthier and happier life thanks to sexual satisfaction. Full 2-year warranty on all Rithual relay toys, a sure pleasure.

## Kegel Guide

### **Benefits of Kegel Training**

Stronger pelvic floor muscles improve bladder control, enhance sexual sensation (for both partners), and speed postpartum recovery.

Most users notice improvements within 4-6 weeks of regular (daily) use.