

Link to the product: <https://sforne.com/ohmama-set-of-5-kegel-exercise-balls-p-5215.html>



## OHMAMA - SET OF 5 KEGEL EXERCISE BALLS

Price	<b>50.06 £</b>
Number	<b>70138057</b>
Producer code	<b>FETISHID-229799</b>
EAN	<b>8435565932695</b>

### Product description

Oh mom! We know that there are few things better than a good orgasm and the importance of maintaining good sexual health due to its numerous advantages, since it improves blood flow, lifts your spirits, promotes sleep, keeps the brain healthy, is a natural pain reliever, It reduces stress, in addition to providing well-being and improving emotional health.

We are aware of all this, that's why with the **Ohmama** range of toys we will help you so you can achieve it!

#### Characteristics

- Kegel exercise balls
- Includes 5 balls
- Increases the weight according to the intensity of the color
- Pesos:
  - Ball 1: 40 gr
  - Ball 2: 60 gr
  - Ball 3: 80 gr
  - Ball 4: 100 gr
  - Ball 5: 120 gr
- Presentation in sealed hygienic bag
- Measures:
  - Overall: 17cm
  - Insertable: 7cm
  - Diameter: 3.4cm
- Sturdy drawstring for safe removal.
- For its use, correct lubrication is necessary. Ohmama recommends Waterfeel, Aqua Quality or Bio Aqua brand lubricants.

#### THE BRAND

The OHMAMA range of products is perfect for gifting. A product available to everyone with perfect quality. A unique combination in this line of toys for adults.

### Kegel Guide

#### Benefits of Kegel Training

Stronger pelvic floor muscles improve bladder control, enhance sexual sensation (for both partners), and speed postpartum recovery.

Most users notice improvements within 4-6 weeks of regular (daily) use.

