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Link to the product: https://sforne.com/ohmama-set-of-5-kegel-exercise-balls-p-5215.html



OHMAMA - SET OF 5 KEGEL EXERCISE BALLS

Price	**50.06 £**
Number	**70138057**
Producer code	**FETISHID-229799**
EAN	**8435565932695**

Product description

Oh mom! We know that there are few things better than a good orgasm and the importance of maintaining good sexual health due to its numerous advantages, since it improves blood flow, lifts your spirits, promotes sleep, keeps the brain healthy, is a natural pain reliever, It reduces stress, in addition to providing well-being and improving emotional health.

We are aware of all this, that's why with the **Ohmama** range of toys we will help you so you can achieve it!

Characteristics

- Kegel exercise balls
- Includes 5 balls
- Increases the weight according to the intensity of the color
- Pesos:
    - Ball 1: 40 gr
    - Ball 2: 60 gr
    - Ball 3: 80 gr
    - Ball 4: 100 gr
    - Ball 5: 120 gr
- Presentation in sealed hygienic bag
- Measures:
    - Overall: 17cm
    - Insertable: 7cm
    - Diameter: 3.4cm
- Sturdy drawstring for safe removal.
- For its use, correct lubrication is necessary. Ohmama recommends Waterfeel, Aqua Quality or Bio Aqua brand lubricants.

THE BRAND

The OHMAMA range of products is perfect for gifting. A product available to everyone with perfect quality. A unique combination in this line of toys for adults.

Brand characteristics

Brand characteristics: selected OHMAMA products available at Sforne with discreet delivery and clear product information.

Kegel Guide

Benefits of Kegel Training

Stronger pelvic floor muscles improve bladder control, enhance sexual sensation (for both partners), and speed postpartum recovery.

Most users notice improvements within 4-6 weeks of regular (daily) use.