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INTIMICHIC - SILICONE DILATOR 5 PIECES SET

Price	**87.63 £**
Number	**70140108**
Producer code	**FETISHID-227216**
EAN	**8436583793725**

Product description

100% Medical silicone makes up the Intimichic dilator. The Silicone Dilator from the Intimichic collection is a unique set of vaginal dilators that help restore and revive vaginal strength and comfort.

The elegant set contains 5 dilators, varying in size for gradual dilation. They are easy to use thanks to the finger loop and are a perfect way to exercise for women with problems relating to intimate fit. The set is made from high-quality silicone and comes in tasteful, contemporary packaging.

Measurements:

- 7.5cm x 1.25cm (Dilator 1)
- 9cm x 2cm (Dilator 2)
- 10.75cm x 2cm (Dilated 3)
- 12.75cm x 2.5cm (Dilator 4)
- 14cm x 3.25cm (Dilator 5)

Below we detail one of the uses of the Intimichic dilator.

What is atrophic vaginitis?

Atrophic vaginitis is a disorder that consists of the thinning of the walls of the vagina and a decrease in its lubrication. Which produces greater vaginal dryness and inflammation.

It is caused, fundamentally, by a decrease in estrogens, which are the main female sex hormone, being a very frequent problem in women with menopause (50% of women affected by menopause suffer from Vaginal Atrophy), influencing both their functionality sexual and quality of life. The symptoms can be suffered for years, as long as appropriate measures are not taken.

The reasons are diverse and can have their origin in small sequelae of infections, in atypical morphology, congenital malformations or, simply, in the apprehension to the penetration

Vaginal atrophy is a more common problem than is believed, affecting women of all ages, although with a higher incidence in women after childbirth or during lactation. However, it is in postmenopausal women where the greatest number of cases are detected, affecting one in two.

Symptoms

- Vaginal dryness
- Pain or discomfort when having sex (dyspareunia)
- Stinging or burning when urinating
- Urinary incontinence

- Vaginal prolapse; thinning of the vaginal walls
- Vaginal burning
- Small vaginal bleeds

Vaginismus is a vaginal constriction of the Pelvic Floor that causes discomfort, burning, pain, penetration problems, or complete inability to have intercourse.

Vaginismus is a common cause of ongoing sexual pain. It can affect women in all stages of life; even women who have had sex comfortably for years.

When a man tries to have intercourse with a woman, the muscle group of the pelvic floor goes into spasm and tightens, closing the entrance to the vagina, making intercourse impossible and painful. This type of vaginismus makes penetration impossible.

In other cases of vaginismus, penetration may be possible, but the woman experiences periods of involuntary contraction that cause burning, discomfort, or pain.

Symptoms

- Burning or itching with constriction during sex
- Difficulty or impossible penetration, pain when penetrating, uncomfortable insertion of the penis
- Ongoing sexual discomfort or pain after childbirth, urinary infections, sexually transmitted diseases, hysterectomy, menopause, or other problems
- Ongoing sexual pain of unknown causes, for no apparent reason
- Difficulty inserting a tampon, or having a gynecological / pelvic exam
- Spasms in other muscle groups of the body (legs, lower back, etc.) and / or interruption of breathing during attempts at intercourse
- Avoidance of sex due to pain and / or failure

Solution

INTIMICHIC silicon dilator allows you to exercise and progressively dilate the vaginal canal. It allows at the same time through small daily exercises to lose the fear of penetration. It is composed of three elements with a perfectly ergonomic shape and different sizes to palliatively solve this disorder with harmful effects on sexuality and psychological health in general.

INTIMICHIC DILATOR should be used with a water-based lubricant to facilitate exercises and at the same time lubricate and hydrate the vaginal mucosa.

How is INTIMICHIC DILATOR used?

It is a matter of first applying a little water-based lubricant to the entrance of the vagina (the volume of a chestnut approximately) and massaging gently for 2 or 3 minutes.

Next, take the smallest INTIMICHIC DILATOR element. Apply equally to the lubricant tip in the same proportions.

Next, start pressing to introduce it into the vagina in a smooth and progressive way. If you notice dryness, add lubricant.

You can continue exercising for 10 to 15 minutes by making small rocking movements. It is important to bear in mind that the contraction of the vaginal muscles is adverse, so if it occurs, the exercise must be interrupted.

The objective is the relaxation of the vaginal area as well as the search for the pleasure that accompanies it, so the use of a very comfortable place to perform the exercises and the accompaniment of soft music are indicated.

- One session a day of INTIMICHIC DILATOR is enough.

When the exercises with the smaller element allow a comfortable introduction without discomfort, it is necessary to follow the exercises with a larger element.

Brand characteristics

Brand characteristics: selected INTIMICHIC products available at Sforne with discreet delivery and clear product information.

Toy Guide

Adult Toy Guide

Start with a small vibrator or bullet. Add lubricant. Clean after each use.

Explore categories to find what excites you.