

Link to the product: <https://sforne.com/intimichic-pelvis-health-i-20-pelvic-rehabilitation-p-4778.html>



INTIMICHIC - PELVIS HEALTH I 2.0 PELVIC REHABILITATION

Price	40.72 £
Number	70137620
Producer code	FETISHID-217131
EAN	8425402157381

Product description

Intimichic Pelvis Health I 2.0 is the new silky soft ball with a greater silicone thickness

Intimichic Pelvis Health I 2.0 ; Based on the performance of Kegel exercises, developed by Dr. Arnold Kegel, they are a series of vaginal contractions and relaxations that strengthen the Pubococcygeus (PC) muscle and the pelvic floor muscle group by gradually increasing weights.

- Front part; Thin, soft and fine for easy insertion
- Central part; It adapts to the vaginal wall without causing internal friction.
- Back; At an angle, so that it is comfortable when the muscles contract.

Intimichic Pelvis Health I 2.0 is covered in high-quality silicone, hypoallergenic, phthalate-free and very soft to the touch. **Intimichic Pelvis Health I** with an ergonomic design adapted to the needs of each woman.

- **Intimichic Pelvis Health I weight 15 grams**
- **Intimichic Pelvis Health I** + ball diameter 22 mm weight 35 grams
- **Intimichic Pelvis Health I** + Ball diameter 18 mm weight 20 grams
- **Intimichic Pelvis Health I** + Ball diameter 15 mm weight 10 grams
- **Intimichic Pelvis Health I** + Ball diameter 10 mm weight 5 grams

Contents of the container.

When you open an elegant Intimichic box made up of;

- INTIMICHIC PELVIS HEALTH basic unit
- 4 Steel balls covered in Silicone in weights 35 + 20 + 10 + 5 grams.
- Satin Bag
- Instructions for use in Spanish, English, German, French, Italian and Portuguese.

Kegel Guide

Benefits of Kegel Training

Stronger pelvic floor muscles improve bladder control, enhance sexual sensation (for both partners), and speed postpartum recovery.

Most users notice improvements within 4-6 weeks of regular (daily) use.

