



FEMINTIMATE - INTIMRELAX SET 3 VAGINAL DILATORS

Price	79.54 Euro
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Product description

INTIMRELAX: A system for the progressive rehabilitation of atrophic vaginitis and vaginismus.

WHY INTIMRELAX?

REEDUCA: A reeducation system offering 3 ergonomic intravaginal devices of various sizes and diameters to exercise and progressively dilate the vaginal canal.

EXERCISE: A daily exercise program aimed at fully recovering the vaginal cavity and elasticity, alleviating dyspareunia coital pain, and consequently losing the fear of penetration.

100% NATURAL: A 100% natural alternative and complement to hormonal and pharmaceutical treatment.

RECOVER YOUR SEX LIFE: A solution to recover and enjoy a full and healthy sexual life.

INTIMRELAX allows you to exercise and progressively dilate the vaginal canal. At the same time, it allows you to lose the fear of penetration through small daily exercises. It is composed of three elements with a perfectly ergonomic shape and different sizes to palliatively resolve this disorder with harmful effects on sexuality and psychological health in general.

INTIMRELAX should be used accompanied by a water-based lubricant to facilitate exercises and at the same time lubricate and hydrate the vaginal mucous membranes.

Vaseline, which can cause damage to the latex of condoms or diaphragms risk of genital infection, or other oil-based lubricants are absolutely contra-indicated.

HOW DO I USE INTIMRELAX?

It involves first applying a little water-based lubricant to the entrance of the vagina approximately the volume of a chestnut and massaging gently for 2 or 3 minutes.

Next, take the smallest **INTIMRELAX** element. Also apply lubricant to the tip in the same proportions. Next, begin to press to introduce it into the vagina gently and progressively. If you notice dryness, it is necessary to add lubricant.

You can continue exercising for 10 to 15 minutes doing small back-and-forth movements. It is important to keep in mind that

the contraction of the vaginal muscles is adverse, so if it occurs, the exercise must be interrupted.

The objective is to relax the vaginal area as well as as the search for the pleasure that accompanies it, so the use of a very comfortable place to perform the exercises and the accompaniment of soft music are indicated.

SIZES:

- Maximum diameter: 0.9 | 1.5 | 2.5cm
- Part to introduce: 6.5 | 9.5 | 12cm